



NEWS RELEASE

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Get out and play tennis! Leagues forming soon

THE WOODLANDS, TEXAS (March 13, 2014) – The sport of tennis is rapidly growing in the United States, and that is definitely true in The Woodlands. The United States Tennis Association (USTA) has stated, “More than 28 million players grabbed a racquet and hit the courts nationwide in a recent year—and why not? No other sport offers the bounty of benefits that go hand-in-hand with an involvement in tennis.”

Any age or ability can play. Tennis offers friendly competition, increased physical fitness and health, and it is a highly social sport. You can play as an individual, take a class, join a league, and meet friends at the tennis court.

Get in on all the benefits of tennis by joining one of the Township’s many Adult Tennis Programs! If you are new to the game, you can join the beginner lessons and learn the basics from an experienced, USPTA Certified Coach. If you just want to brush up your skills, you can get involved in a drills sessions and fine tune your forehand, backhand and overhead shot!

Looking for some friendly competition? The Township offers a variety of leagues that will be starting soon. Men’s Doubles Ladder League starts April 1. Women’s Doubles Ladder League starts April 2 with both morning and evening leagues available. Those interested in joining the leagues should register five days prior to their start dates. Mixed doubles will also be coming back this summer.

For more information about The Woodlands Tennis Academy programs, please stop by The Woodlands Township Recreation Center, call 281-210-3950, or visit www.thewoodlandstowship-tx.gov/tennis. Programming is also listed in the Action Guide, available at the Recreation Center and online at www.thewoodlandstowship-tx.gov/actionguide. Please note, due to the recent inclement weather, start dates of some programs have changed. For a more accurate date of programs, please contact The Woodlands Township Recreation Center at the number or Web address above.

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