



**NEWS RELEASE**

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**Bike The Woodlands Month kicks off in May with activities and workshops**

THE WOODLANDS, TEXAS (April 29, 2019) – The Woodlands Township will host a number of activities throughout the month of May in celebration of National Bike Month, in efforts to create a better community through bicycling.

There are numerous events planned throughout the month of May for riders of all types. Bike to Work Day will take place on Friday, May 17, 2019, from 6:30 to 9:30 a.m. at Northshore Park, 2505 Lake Woodlands Drive. Bike commuters are invited to meet for refreshments and bike commuting information.

Bike The Woodlands Day, a family-friendly event, will be held on Saturday, May 18, 2019, from 9 a.m. to noon at Northshore Park. Exhibitors and activities will include local bike shops, bicycle clubs, sessions on basic bike maintenance, flat tire repair, a Bike Swap Meet and more. Bike demonstrations and bicycle safety information will also be offered. This event will include live music, children's activities with a bike rodeo for kids and local food vendors.

Other activities throughout the month of May include social rides of long and short distances for all levels of riders, bike maintenance workshops, Ride Challenge and more. Helmets are mandatory for all riding events, and registration is strongly encouraged to save a spot for a chosen activity. Register online for events at [www.thewoodlandstowship-tx.gov/bicycling](http://www.thewoodlandstowship-tx.gov/bicycling). A limited quantity of Bike The Woodlands t-shirts will be available to participants registering for Bike Month activities.

In addition to support received from Bike The Woodlands Coalition, the month-long celebration is made possible by the following sponsors: Bikeland, Greater Houston Off Road Biking Association (GHORBA), TXTRI and Bicycle World.

To find out more about Bike The Woodlands events for May, including a complete schedule of activities, please visit [www.thewoodlandstowship-tx.gov/bicycling](http://www.thewoodlandstowship-tx.gov/bicycling).

Sponsors, food vendors and volunteers are being accepted. Please email [specialevents@thewoodlandstowship-tx.gov](mailto:specialevents@thewoodlandstowship-tx.gov) for more information.

For more information about The Woodlands Township, please visit [www.thewoodlandstowship-tx.gov](http://www.thewoodlandstowship-tx.gov) or call 281-210-3800.



*Bike The Woodlands Month will include a variety of events for residents, including Bike to Work Day on May 17, 2019, and Bike The Woodlands Day on May 18, 2019.*