2012
10 FOR TEXAS
VOLUNTEER DESCRIPTIONS
*****TIMES COULD CHANGE*****

Attire for Race Day

Volunteer t-shirt + jeans/shorts + covered shoes (NO flip flops or sandals)

Parking 10 Needed (5:00 a.m. – 8:00 a.m.)- The primary goal of the Parking Volunteers is to provide directions for the participants, volunteers, VIP's and spectators to the various locations. Please know and be able to direct the race participants from where they parked to, the starting line, packet pick up, bag check and/or bathrooms. Please know and be able to direct Volunteers to the Check in table. (This is the same place you checked in) Please know and be able to direct spectators and VIP's to the starting/finish line VIP, meeting area and Post Race party area. Please check in with Parking Coordinator at Market Street Parking garage on the 1st floor next to the Movie Theatre at 5:00 a.m. **SKILLS\REQUIREMENTS:** Good communication skills. Take charge, assertive personality. Must be able to stand for long periods of time. Must be over 16 years old.

Hydration Stations (6:15 a.m. – 10:30 a.m.) -
Mile 2 (20), 4 (20), 6 (15), 8 (10), 9(10)
The primary goal of the Fueling Stations is…
• **Part Safety Officer**: Our first priority is to provide a safe course for our runners. Please keep the course free of debris and communicate any medical/safety issues to your Medical Team member and Fueling Station Team Captain. Water Stations can begin to clean up when the sweep vehicle comes by to tell you that last runner has come through. Equipment will be available at each station to pick up trash and break down aid station. Please leave all equipment on one of the tables when the last runner has passed by your station. Dump any remaining liquids from cups and 20-gallon containers on side of road.
• **Part Cheerleader:** Cheer the runners on. Get up, get excited, and keep them moving. Be creative, decorate your hydration station in a theme, bring a radio to play music, wear funny hats – you'll be part of the inspiration that keeps the runners moving. Do not tell runners they are almost there no matter where you are on the course. Use words of encouragement like "Good job!" "Keep going!" "Dig deep, you can do it!"
• **Runner Hydration:** As runners pass by, shout what you are holding (water or PowerAde) and hand to runners as they pass. As you hold out cups to runners, hold cup at the bottom so runner can easily grasp cup from you. Continue to pick up cups that runners have discarded on course to maintain safe and clear course for runners.
SKILLS\REQUIREMENTS: Good communication skills. Must be able to stand for long periods of time. Some lifting required.

Finish Line 15 needed (7:45 a.m. – 10:30 a.m.) – Finish Line Volunteers will pass out a water bottle and finisher medal to each finishing athlete. In addition, cheering on athletes for finishing 10 miles! Bananas will also be available at the finish line for athletes.
SKILLS\REQUIREMENTS: Good communication skills. Must be able to stand for long periods of time.

Pace Marker Timers 10 Needed (6:30-7:45a.m.) – The primary goal of the Pace Marker Timers is to hold up signs (example 12 minute mile, 10 minute mile, 9 minute mile, etc…) to assist in streamlining/ corralling athletes the start line. In addition, this position will hold up pennant flagging during the kids race so 10 mile racers do not cross. This is a perfect short position for family members of athletes! **SKILLS\REQUIREMENTS:** Good communication skills. Must be able to stand for long periods of time.

Kids Race 15 Needed (6:30 a.m. – 8:00 a.m.) **-** The primary goal of the kid's race volunteer is to assist the children in running the kids race. Volunteers will be required to run the 1 mile race with the kids to enforce the race route. Volunteers will help promote exercise, fitness and fun. **SKILLS\REQUIREMENTS:** Must like kids and be willing to run (1 mile) with the kids during the race.

Post Race 20 Needed (7:45 a.m. – 11:30 a.m.) – The primary goal of post race volunteer is to assist in the set up of food/beverages for post race party, serving of items, keeping area clean. At end of party to help break down items on tables and make sure all trash around that table is picked up. **SKILLS\REQUIREMENTS:** Good communication skills. Must be able to stand for long periods of time. Some lifting required.

Bag Drop 12 Needed (Shift A: 5:30-8:30a.m./ Shift B 8-11:00 a.m.) – The primary goal of the bag drop volunteer is to assist label bags for runners with their runner's number. Have runners place items in plastic bags and use a sharpie to write Bib # and Runner's name. Then arrange all the runner's baggage by runner number after the race started. Be able to assist in returning bags to runners when they return to table at end of race.
SKILLS\REQUIREMENTS: Good communication skills.

Awards 2 Needed (8 a.m. – 11:00 a.m.) – The primary goal of the Awards Volunteer is to help assist with set up award tables, help pass out the awards to the race winners and verify the name on the results page before handing the award to the winner. Volunteer also would help answer any questions in regards to the awards (a print out of questions to be supplied to volunteer) **SKILLS\REQUIREMENTS:** Good communication skills.

Results 4 Needed (7:45 a.m. – 11:00 a.m.) – The primary goal of the Results Volunteer is to help assist the Results Coordinator through helping retrieve the result sheets from the chip timing company and deliver to the results coordinator. **SKILLS\REQUIREMENTS:** Good communication skills. Must be able to work in a face pace environment.

Sponsor Party/ VIP 4 needed (6 a.m. – 10 a.m.) – The primary goal is to assist the Sponsor Coordinator set up of food/beverages for post race party, serving of items, keeping area clean. At end of the event to help break down items on tables and make sure all trash around that table is picked up. Also, some directional help is needed to direct VIP/ Sponsors to the area. **SKILLS\REQUIREMENTS:** Good communication skills. Must be able to stand for long periods of time. Some lifting required.

Green Team 10 needed (8 a.m. – 11:30a.m.) – The primary goal of the green team volunteer is to keep the park clean throughout the event. This includes making sure patrons are using the recycling containers correctly, picking up trash on the site using trash pickers, and emptying and filling trash containers throughout the event.