



2019 PRACTICE SCHEDULE

Location:

Forestgate Pool - *Home of The Waves*
7505 S. Forestgate Drive
The Woodlands, TX 77381

No Practice on Mondays

EVENING PRACTICE	April 23 - May 30	Ages 6 & under	4:30 - 5:15pm
		Ages 7 & 8	5:00 - 6:00pm
		Ages 9 & 10	6:00 - 7:00pm
		Ages 11 & 12	7:00 - 8:00pm
		Ages 13 & over	8:00 - 9:00pm
MORNING PRACTICE *	May 31 - June 21	Ages 13 & over	7:00 - 8:00am
		Ages 11 & 12	8:00 - 9:00am
		Ages 9 & 10	9:00 - 10:00am
		Ages 7 & 8	10:00 - 11:00am
		Ages 6 & under	11:00 - 11:45am

* If an inclement weather date is observed by CISD that extends the end of the semester, then evening practices will also be extended accordingly. Team members will be notified of any changes