



NEWS RELEASE

For media inquiries, contact: Nick Wolda
nwolda@thewoodlandstowship-tx.gov

Avoid travel delays on May 6, 2023, during Woodforest Bank TRI

THE WOODLANDS, TEXAS (May 3, 2023) – The Woodforest Bank TRI–The Woodlands is set for Saturday, May 6, 2023, beginning at 7 a.m. The Woodforest Bank TRI is a USA Triathlon (USAT) sanctioned event, featuring a field of 800 participants.

To ensure runner and spectator safety for the event, Montgomery County Sheriff's Office will be responsible for closing and re-opening lanes on streets along the race route. Residents are advised to plan accordingly during the morning hours of the event.

The race will start and finish at Northshore Park, and portions of Lake Woodlands, Gosling, Research Forest, Woodlands Parkway, Cochran's Crossing Drive and Grogan's Mill Road will be used for the race. It is expected that some traffic delays will be experienced during the morning, in and around the race route. Residents are encouraged to avoid delays and use alternate routes around the race, as areas along the race course will be closed to automobile traffic from 6 to 10:30 a.m.

Complete traffic impact information can be found on the [Traffic Impact link on the Township's Woodforest Bank TRI race web page](#). After the race starts, roads will reopen on a rolling basis as soon as the last participant has passed, and all course support materials have been removed. These particular areas will be congested throughout the event, and residents are encouraged to use extreme caution while traveling throughout the course.

There will be a police officer at every intersection along the race route, and deputies will attempt to allow cars through, if and only when there is a safe opportunity. View [estimated road opening times here](#). Course maps can be accessed online at the following link: <https://www.thewoodlandstowship-tx.gov/DocumentCenter/View/17368/TRI-Maps>.

For more information and any traffic-related questions, please call the dedicated traffic hotline at 281-210-2099. Through the end of the race on May 6, 2023, this phone number will be answered 24 hours a day. Inquiries may also be emailed to races@thewoodlandstowshiptx.gov.

Interested in racing? The Woodforest Bank TRI is an excellent race for first-time triathletes and is best known for its beginner-friendly atmosphere, superior organization and scenic courses. **Limited race spots remain available!** Click [HERE](#) to view registration information and to register online. If space permits, online registration will close at 5 p.m. on Friday, May 5, 2023.



Not an athlete? **Volunteers are still needed!** Help make a difference and witness athletes of all skill levels push to the finish after countless hours of training. The Woodlands Township and race participants rely on the generous assistance of volunteers to make the race possible. Volunteers play a critical role in creating an enjoyable and memorable experience for the athletes. Volunteers will receive food and drink upon completion of their shift. Consider signing up for a volunteer position today! Click [HERE](#) to view available volunteer positions online.

The 2023 Woodforest Bank TRI is produced by The Woodlands Township Parks and Recreation Department and sponsored by Woodforest National Bank, Bikeland, Memorial Hermann Sports Medicine & Rehabilitation, Finish Strong Coaching, H-E-B, The Strong Firm, Faust Distributing and Suja Organic.

For more information on The Woodlands Township, please call 281-210-3800 or visit www.thewoodlandstowship-tx.gov.



The Woodforest Bank TRI will take place Saturday, May 6, 2023, beginning at 7 a.m., and residents are encouraged to avoid delays and use alternate routes around the race, as areas along the race course will be closed to automobile traffic from 6 to 10:30 a.m.