



# Water Safety & Drowning Prevention



# Never Swim Alone!!

- Designate a **Water Watcher**
- Never leave a child unattended around water
- Lifeguards are wonderful but do not replace individual supervision of a child
- No distractions. If you are supervising children around water, put the phone away
- Supervising adults should not be drinking alcohol
- Floatation devices do not replace adult supervision
- Older siblings should not supervise other children



# Fence the Pool, Shut the Gate

- Always keep your pool fence well maintained
- The fence is only as good as it's weakest point
- Don't leave objects leaning against the fence – it could be used to help children climb over
- Ensure your gate is self-closing
- Regularly check your latch to make sure it isn't faulty
- Never prop or leave gates open
- Ensure doors leading out to pool or other water areas are locked
- Doors and windows should be alarmed to alert adults when opened



# Learn to Swim



Learning to swim has many benefits for children. It's great for their health and well being and most importantly teaches them a respect for water. While children are capable of being independently mobile in the water from a very young age, they must never be left unsupervised. **No child is drown proof**



# Remember...

- If a child goes missing, check the pool FIRST
- Remove toys from in and around the pool when not in use
- Use Coast Guard approved flotation devices
- Keep a life-saving ring, shepherd's hook and CPR instructions mounted at poolside



# Learn CPR

- Anyone can be affected by a drowning or near drowning experience
- Learn CPR – It can increase the chances of survival
- Drowning is the second leading cause of death in children ages 1-14



# Hands-Only™ CPR

## Two steps to save a life:



**Call Right Away!**



**Push Hard & Fast in  
the Center of the Chest!**

... to the beat of Stayin' Alive by the Bee Gees



Questions?

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