



**NEWS RELEASE**

For media inquiries, contact: Nick Wolda  
nwolda@thewoodlandstowship-tx.gov

**The Woodlands Township to Host Hands-Only CPR Classes, Village Challenge**

THE WOODLANDS, TEXAS (February 1, 2018) – The Woodlands Township Neighborhood Watch will launch a series of Hands-Only CPR trainings on Saturday, February 3, 2018, at 10 a.m. at The Woodlands Fire Department Station 7, 26722 Kuykendahl Road. These trainings are offered free of charge in partnership with The Woodlands Fire Department, American Heart Association and Montgomery County Hospital District. Training events commence in February and conclude in April.

“We are excited to present these training events and the Village Challenge,” said Marian Leck, director of law enforcement services. “When we learned that Montgomery County has a bystander intervention rate that is below the national average, we saw an important opportunity to raise awareness of the lifesaving value of Hands-Only CPR. The more people who are empowered with this knowledge, the more lives that can be saved.”

In 2008, The American Heart Association released new CPR guidelines to include the option of Hands-Only CPR (without breath interventions). If performed immediately, Hands-Only CPR can significantly increase the chance of survival for a cardiac arrest victim.

In addition to learning life-saving skills at the training events, each person trained by October 15, 2018, will earn a point for their village. The top three villages will receive a cash donation for their scholarship fund provided by Woodlands North Houston Heart Center.

The training events are drop-in and will take only about 20 minutes. These trainings do not include a certification. Training events will also include blood pressure checks and a raffle to be a “Doctor for a Day” by CHI St. Luke’s Hospital, crime prevention information presented by the Township Neighborhood Watch, nutrition and heart health information presented by the American Heart Association, and information from the Community Emergency Response Team (CERT).

**Please note: Some dates have changed from the previously published release.**

**Schedule:**

February 3, 2018	10 a.m. – 1 p.m.	Station 7	26722 Kuykendahl Road
February 17, 2018	10 a.m. – noon	Station 1	9951 Grogan’s Mill Road
February 17, 2018	2 – 4 p.m.	Station 3	1522 Sawdust Road
March 24, 2018	1 – 3 p.m.	Station 6	1100 Windsor Lakes Boulevard
April 7, 2018	10 a.m. – noon	Station 4	7900 Bay Branch Drive
April 7, 2018	2 – 4 p.m.	Station 2	9303 Gosling Road
April 14, 2018	10 a.m. – noon	Station 8	11800 Gosling Road
April 14, 2018	2 – 4 p.m.	Station 5	10100 Branch Crossing Drive

Additional training events can be scheduled for your group or organization by contacting The Woodlands Township Neighborhood Watch at 281-210-3800 or [neighbor@thewoodlandstowship-tx.gov](mailto:neighbor@thewoodlandstowship-tx.gov). These events will be scheduled based on availability of training staff and equipment.

For more information about The Woodlands Township, please visit [www.thewoodlandstownship-tx.gov](http://www.thewoodlandstownship-tx.gov) or call 281-210-3800.



*Left: Hands-Only CPR advocate Ron Mullins instructs Justin Jones of The Woodlands Fire Department in the administration of Hands-Only CPR. The Woodlands Township Neighborhood Watch will offer a series of free Hands-Only CPR trainings from February to April. These trainings will offer critical skills and knowledge to help save lives and increase bystander intervention during moments of crisis.*