



**NEWS RELEASE**

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## **Registration opens on January 1, 2019, for Township Signature Races**

THE WOODLANDS, TEXAS (December 21, 2018) – Race with friends and reach your fitness goals by participating in The Woodlands Township’s Signature Races in 2019! Enjoy the thrill and competition of endurance events from triathlon to trail running by registering for the Muddy Trails Bash, Woodforest Bank TRI – The Woodlands and the Memorial Hermann 10 for Texas. Registration will open on Tuesday, January 1, 2019, at [www.thewoodlandstowship-tx.gov/races](http://www.thewoodlandstowship-tx.gov/races).

### **12<sup>th</sup> Annual Muddy Trails Bash**

Offering a fun, festive and zydeco-themed atmosphere, Muddy Trails Bash is scheduled for Saturday, April 6, 2019, from 3 to 8 p.m. at Rob Fleming Park. This multifaceted running event features chip-timed 5K and 10K trail runs, the Little Muddy Kids’ Fun Run, 2K-9 Dog Fun Run and the Muddy Bowl Crawfish Cook-Off. Participants will enjoy boiled crawfish, live zydeco music, children’s activities and more. Courses wind through the beautiful 1,800-acre George Mitchell Nature Preserve. Muddy Trails Bash is a USA Track & Field (USATF) sanctioned event. Please note that Muddy Trails Bash is not a mud run or adventure race. To learn more, please visit [www.thewoodlandstowship-tx.gov/muddytrailsbash](http://www.thewoodlandstowship-tx.gov/muddytrailsbash) for full details.

### **16<sup>th</sup> Annual Woodforest Bank TRI – The Woodlands**

As one of the premier multi-sport events in the region, Woodforest Bank TRI – The Woodlands offers high caliber competition, first-rate race management and scenic courses to participants ranging from beginners to nationally ranked triathletes. The USA Triathlon (USAT) sanctioned event will take place on Saturday, May 11, 2019, from 7 to 11:30 a.m. at Northshore Park. Hosting a field of more than 1,200 athletes, the sprint triathlon is comprised of a 500-meter open water swim in Lake Woodlands, bike course winding through The Woodlands (distance TBA) and a 5K run along The Woodlands Waterway. Those interested should register promptly as the race typically reaches capacity and sells out annually. The race has received accolades and recognition from USAT throughout the years, most recently having served as the 2017 Texas State Triathlon Championship. To view more information, please visit [www.thewoodlandstowship-tx.gov/thewoodlandstriathlon](http://www.thewoodlandstowship-tx.gov/thewoodlandstriathlon).

### **14<sup>th</sup> Annual Memorial Hermann 10 for Texas**

The annual Memorial Hermann 10 for Texas race is set for Saturday, October 12, 2019, from 7 to 11:30 a.m., at Northshore Park. The USATF-sanctioned event offers a certified 10-mile course, plus the 3.1 Armadillo Run 5K and One 4 Texas Kids’ Fun Run. After racing to the finish, participants can refuel and recover at the Texas-sized post-race party, featuring great food,



beverages and live country music. To learn more, please visit [www.thewoodlandstowship-tx.gov/10fortexas](http://www.thewoodlandstowship-tx.gov/10fortexas).

Early registration is encouraged. All races will be capped to ensure a safe and enjoyable experience for all participants. A 10 percent early registration discount is available January 1 through 8, 2019, with code EARLYBIRD19. The discount applies to registration fees for Muddy Trails Bash, Woodforest Bank TRI – The Woodlands and Memorial Hermann 10 for Texas (excluding Active.com processing fees).

The Woodlands Township's Signature Races benefit and help fund programs and services offered through The Woodlands Township Parks and Recreation Department. For more information about the races, please email [races@thewoodlandstowship-tx.gov](mailto:races@thewoodlandstowship-tx.gov).

For more information about the Township, please visit [www.thewoodlandstowship-tx.gov](http://www.thewoodlandstowship-tx.gov) or call 281-210-3800.



*Enjoy the great outdoors and competitive endurance events from triathlon to trail running by registering for one or more of The Woodlands Township's Signature Races in 2019: The Muddy Trails Bash, Woodforest Bank TRI – The Woodlands and Memorial Hermann 10 for Texas.*

