

**NEWS RELEASE** 

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## Limited spots available for the Woodforest Bank TRI – The Woodlands

THE WOODLANDS, TEXAS (April 30, 2019) – The Woodlands Township will host the 16th annual Woodforest Bank TRI – The Woodlands on Saturday, May 11, 2019. The USA Triathlon (USAT) sanctioned event will take place from 7 to 11:30 a.m. at Northshore Park, 2505 Lake Woodlands Drive. Athletes are encouraged to register now as space is limited and this race sells out annually.

As one of the premier multi-sport events in the region, Woodforest Bank TRI – The Woodlands offers high caliber competition, first-rate race management and scenic courses to participants ranging from beginners to nationally ranked triathletes. Hosting a field of more than 1,300 athletes, the sprint triathlon comprises a 500-meter open water swim in Lake Woodlands, a 12.8 mile bike course winding through The Woodlands and a 5K run along The Woodlands Waterway. The race will be capped to ensure an enjoyable experience for all participants.

The race has received accolades and recognition from USAT throughout the years, most recently as the 2017 Texas State Triathlon Championship. To learn more and to register, please visit www.thewoodlandstownship-tx.gov/thewoodlandstriathlon.

The Woodlands Township's Signature Races benefit and help fund programs and services offered through The Woodlands Township Parks and Recreation Department. For more information about the races, please email <a href="mailto:races@thewoodlandstownship-tx.gov">races@thewoodlandstownship-tx.gov</a> or visit <a href="mailto:www.thewoodlandstownship-tx.gov/races">www.thewoodlandstownship-tx.gov/races</a>.



Register now for Woodforest Bank TRI – The Woodlands on Saturday, May 11, 2019. Athletes can register and find more information about the race at <a href="www.thewoodlandstownship-tx.gov/thewoodlandstriathlon">www.thewoodlandstriathlon</a>.