



MAPS

[Click to View Course Map](#)

[Click to View Parking Map](#)

Course Description

The 5K course incorporates Creekside Forest Drive, the George Mitchell Preserve and culminates in front of Rob Fleming Park. All miles are marked. The George Mitchell Preserve Trails are located on 1,800 wooded acres adjacent to [Rob Fleming Park](#).

Hydration Stations

There will be four hydration stations with water located along the race course.

Medical Support

Staff members from Memorial Hermann Sports Medicine will be on the course and at the finish line to provide first-aid assistance. There will also be a red Memorial Hermann Medical Tent in the Post-Race area for those needing assistance.

Traffic Control Officers will be stationed along the route to ensure cars stay out of the running area.