



## Texas Memorial Hermann 10 for Texas 10-mile race, 3.1 Armadillo Run 5K and One 4 Texas Kids' Fun Run

### Online Registration

- Registration for Memorial Hermann 10 for Texas, the 3.1 Armadillo Run 5K or the One 4 Texas Kids' Fun Run opens annually on December 1.
- **NOTE** – There will be **No Race Day Registration**

### Registration Fees

- 10 for Texas **\$70**
- 3.1 Armadillo Run 5K **\$60**
- One 4 Texas Kids' Fun Run **\$35**

### Eligibility

- Memorial Hermann 10 for Texas is open to runners of all abilities.
- 10-mile and 5K are chip-timed events recommended for ages 10 and older.
- One 4 Texas is an untimed, non-competitive 1-mile event, designed to promote fun and fitness for kids of all abilities. Recommended for ages 5 and up.
- All races will be capped to ensure safety and a positive race experience for all.
- After three hours the finish line will close, and the course will be completely opened to traffic per the Approved Traffic Control Plan.
- All runners and walkers must maintain 16 minutes per mile to stay ahead of course closure.

## Restrictions

A partial list of things **prohibited** from the course includes:

- Runner going backwards
- Running not wearing a bib
- Animals
- Bicycles
- Any wheeled vehicles other than wheelchairs
- Baby joggers
- Strollers
- Roller skates
- Rollerblades
- Hand-crank chairs

**Note:** Wheelchair athletes must wear helmets in accordance with USA Track & Field guidelines (USATF). Headphones are permitted, but strongly discouraged. Please contact us if you have a question about what is or isn't allowed, or if you have any other questions regarding registration or fees.

## Refund Policy

100 percent of your entry fee will be refunded until September 15, 2023. No refunds will be issued after this deadline. Refunds will not include Active.com processing fee. Refunds can take up to 3 weeks for processing. Please email the department to request a refund.

## Transfer Policy

Entry fees are not transferable between years. No exceptions will be made to this policy. Transfers must be completed by logging into your Active website account and selecting "my events". All transfers must be completed by September 22, 2023. If you need assistance with transfers, please email the department.

## Weather Cancellations

We have a "no refund policy" regarding weather cancellations of any kind as well as changes to the race after registration. Unforeseen changes can occur at any time no matter how finalized anything seems to be. Any changes made to the race are done after careful consideration, usually due to safety concerns that arise after the race has been planned. We do everything we can to create a better, safer, more enjoyable experience for all participants.

## Future Race Information

Sign up to receive future updates about race registration by filling out this [online form](#).