



2023 PRACTICE SCHEDULE

Location:

Lakeside Pool – *Home of the Hurricanes*
 5001 W. Alden Bridge Drive
 The Woodlands, TX 77382

No Practice on Fridays

EVENING PRACTICE	April 17 – May 25	Ages 5 & 6	4:15 – 5:00 p.m.
		Ages 7 & 8	5:00 – 6:00 p.m.
		Ages 9 & 10	6:00 – 7:00 p.m.
		Ages 11 & 12	7:00 – 8:00 p.m.
		Ages 13 & over	8:00 – 9:00 p.m.
MORNING PRACTICE*	May 30 – June 22	Ages 13 & over	7:00 – 8:00 a.m.
		Ages 11 & 12	8:00 – 9:00 a.m.
		Ages 9 & 10	9:00 – 10:00 a.m.
		Ages 7 & 8	10:00 – 11:00 a.m.
		Ages 5 & 6	11:00 – 11:45 a.m.

* If an inclement weather date is observed by CISD that extends the end of the semester, then evening practices will also be extended accordingly. Team members will be notified of any changes