

Glow and Go

THE WOODLANDS
TEXAS

START & FINISH AT
THE SOUTH SIDE OF
THE CYNTHIA WOODS
MITCHELL PAVILION

-  5K Course
-  Medical Tent
-  Restrooms
-  Hydration Station
-  Participant Parking

PRODUCED BY



6 P.M. | SATURDAY, DECEMBER 6, 2025
THE WOODLANDS WATERWAY



5K COURSE MAP



races@thewoodlandstownship-tx.gov

Please note: The 2025 course is subject to change, pending construction and projects that may impact certain areas along the route. Modifications will be made as necessary to exclude these portions of The Woodlands Waterway that may not be accessible.