

DISCLAIMER: While route start times are precise, travel times throughout the route may vary due to traffic, construction, weather or other impacts.

STERLING RIDGE SCHEDULE

Sterling Ridge Park & Ride

8001 McBeth Way, The Woodlands, TX

Sign up for Transit Alerts & Newsletter @ <https://www.thewoodlandstownship-tx.gov/ALERTS>

Questions about the schedule? Call (281) 363-1325

Feel like you have missed a bus? Need assistance while riding? Call (832) 851-3362

AM Schedule

AM Departure	299 The Woodlands Express - Monday-Friday to Houston							
	Downtown	Texas Medical Center			Greenway Plaza			
Sterling Ridge P&R	Milam St. & Congress St.	Milam St. & Jefferson	Milam St. & Elgin St.	Main St. & Cambridge St.	East Rd. & Cambridge St. (UT School of Dentistry)	20 Greenway	9 Greenway	3 Greenway
ROUTE TIME POINTS								
1	5:25	6:10	6:20	6:25	6:35	6:55	7:25	7:30
2	6:05	7:00	7:10					7:35
3	6:25	7:20	7:30					
4	6:45	7:45	7:55	8:00	8:10	8:30		
5	7:00	8:00	8:10					
6	7:30	8:30	8:45					
7	8:05	9:00	9:10					

PM Schedule

PM Departure	299 The Woodlands Express - Monday-Friday from Houston							
	Medical Center	Greenway Plaza			Downtown	Louisiana St. & St. Joseph's Parkway	Louisiana St. & Prairie St.	Sterling Ridge P&R
East Rd. & Cambridge St. (UT School of Dentistry)	Main St. / MH Medical Plaza	Travis St. & Elgin St.	20 Greenway	9 Greenway	3 Greenway			
ROUTE TIME POINTS								
8	12:28	12:40	12:55			1:00	1:10	2:00
9						3:30	3:40	4:30
10						3:45	3:55	4:45
11	3:53	4:10	4:20			4:40	4:50	5:50
12						4:00	4:10	5:05
13				4:25	4:30	4:35	4:50	5:00
14						4:30	4:40	5:40
15	4:33	4:50	5:00			5:10	5:20	6:25
16						5:50	6:00	6:55
17	SUNSETTER RUN					7:00	7:10	8:10

Route maps and schedules are available for download at: www.WoodlandsTransit.com

Revised August 2025